

INGREDIENTS: Pecans, almonds, peanuts, chicory root fiber, honey, glucose syrup, rice flour, maple syrup, sea salt, natural flavor, soy lecithin, sugar.

Allergen Information: Contains pecans, almonds, peanuts and soy.

Made in a facility that processes tree nuts and sesame seeds.

May contain nut shell fragments.

**50% less sugar per bar than the average nutrition bar. This bar has 5g sugar; the average nutrition bar has 12g sugar.*

Nutrition Facts

Serv. Size 1 Bar (40g)

Calories 210

Calories from Fat 160

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Vit. A 0%, Vit. C 0%, Calcium 4%, Iron 6%, Vit. E 15%, Phosphorus 10%, Magnesium 15%, Copper 15%, Manganese 45%

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 17g	26%	Sodium 140mg	6%
Saturated Fat 1.5g	8%	Total Carb. 13g	4%
Trans Fat 0g		Dietary Fiber 5g	20%
Polyunsaturated Fat 5g		Sugars 5g	
Monounsaturated Fat 10g		Sugar Alcohol 0g	
Cholesterol 0mg	0%	Protein 5g	

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Nutrition Notes: Includes 3g Added Sugars